

Using the CVSA Message Board

This is the main screen for the message board.

You can see there are 4 forums:

- ~ CVSA - Main Forum
- ~ CVSA - Adult CVS Patient Forum
- ~ Cyclic Vomiting Syndrome and Mitochondrial DNA
- ~ Message Board Guidelines and Important CVSA Updates

The screenshot shows a Mozilla Firefox browser window displaying the Cyclic Vomiting Syndrome Message Board. The browser's address bar shows the URL <http://www.websitetoolbox.com/mb/cvsa>. The page title is "Cyclic Vomiting Syndrome Message Board". Below the title, there is a link to "Cyclic Vomiting Syndrome Association (CVSA) - Forums". The page indicates "Pending approval: 0 members" and "Pending email confirmation: [5 members](#)". A welcome message for "Horanimals" is displayed, along with links for "Control Panel", "Logout", "Search", and "New Posts". A table lists four forums with their respective post and thread counts and the most recent post. At the bottom, it shows "7 Active Users: 2 members - 5 guests - 0 invisible".

Forum	Posts	Threads	Last Post
CVSA - Main Forum An online community for general discussion about CVS Moderators: Horanimals , mahler1987	10,296	1,261	Merry Christmas Today by Horanimals
CVSA - Adult CVS Patient Forum A community for discussion about topics relative to adults with CVS Moderators: Horanimals , mahler1987	6,227	697	CVS and Pregnancy NEED HELP Yesterday by jessever
Cyclic Vomiting Syndrome and Mitochondrial DNA Discussion about the CVS and the roles mitochondrial DNA plays in it Moderators: Horanimals , mahler1987	260	36	Next meeting in So Cal? 12/07/07 by ginny
Message Board Guidelines and Important CVSA Updates Moderators: Horanimals , mahler1987	33	23	CVSA Support Groups 04/26/07 by ginny

If you click on any one of these forums (underlined), this will take you into that forum, so you can read, reply or start new topics:

Main Forum

The screenshot shows the CVSA Main Forum homepage. At the top, there's a navigation bar with "New Topic" and "Cyclic Vomiting Syndrome Association (CVSA) - Forums - CVSA - Main Forum". Below this, there are moderators listed as "Horanimals, mahler1987" and a "Forum Tools" dropdown menu. A table of pinned messages is displayed with columns for Message Subject, Author, Views, Replies, and Last Post.

	Message Subject	Author	Views	Replies	Last Post
<input type="checkbox"/>	Pinned: Introduce yourself!!! 1 2 3	Horanimals	938	40	Yesterday by sbaker80
<input type="checkbox"/>	Pinned: CVS Children's Book	Commoncents	140	8	12/16/07 by KRSYNENA
<input type="checkbox"/>	Pinned: CVSA International Family Conference 2008	ginny	361	11	12/14/07 by TinaHoyle

To start a new topic, click at the top of the screen on “New Topic”
Your screen will look like this:

The screenshot shows the "New Topic" page. It includes a login status for "Horanimals" with a "Logout" link. There are input fields for "Message subject" and "Message". Below these is a rich text editor toolbar with options for font, size, bold, italic, underline, bulleted list, numbered list, link, unlink, and smiley. At the bottom of the page, there are buttons for "Post Message", "Preview Post", and "Spell Check".

Enter a message subject, i.e., “Question about Triggers”
Then enter your message below. When you are finished, click on Preview post if you want to review how your message looks, or Post Message if you are finished. These buttons are at the bottom of your screen.

You also have the ability to Subscribe to this Thread: (also below the message box)

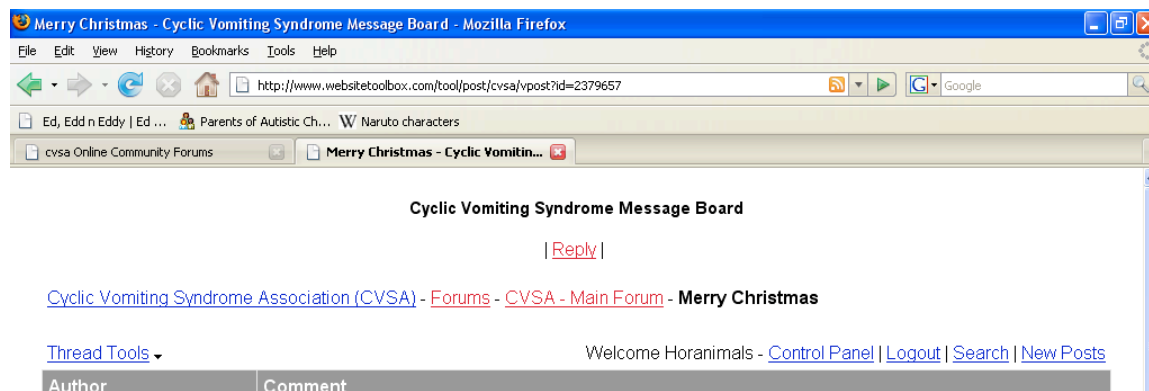
Subscribe to this thread: Yes

Just click yes, and you will receive an email notification of any replies to this thread. You can do this in any thread, not just the ones you've created. If there is a topic that you want to be sure you read all responses....do this.

While in any of the 3 forums, just click on the Message Subject to read the thread....to go back to the forum, click at the top of the screen: “Forums” Will take you to the main page showing all four forums.

As the image below shows “Forums - CVSA Main Forum - Merry Christmas” --- that means I’m in the Main Forum, reading a subject called “Merry Christmas”. If I click on CVSA - Main Forum, I’ll go back to the forum and am able to see all messages.

The “Reply” option at the top of the screen will allow me to reply to this thread. It is only visible while I’m in a particular post. This will display as “New Topic” while in the forum page.



Other features:

By clicking on “Control Panel” you can change your signature, update email information, or view private messages.

Using the “Search” feature will allow you to find many posts regarding a particular topic, i.e, “Medications” or “Sleep issues” or “Anxiety”

Finally, if you are new to the board, and still trying to feel yourself around the CVS world, it may be helpful for you to read through the “Introduce Yourself” threads, in both the Main forum and the Adult forum. This way you can ‘get to know’ the other members, and realize that all you go through, or your loved one goes through, is something that many others understand completely. It may also spark some questions of your own.

Welcome to the CVSA Message Board.

If you have any other questions, simply contact a message board Moderator.